



For immediate release: October 9, 2002

PRESS RELEASE

TIMBERWEST FOREST CORP. CONFERENCE CALL NOTIFICATION
THIRD QUARTER RESULTS

VANCOUVER, October 9, 2002 - TimberWest invites investors and media to listen-in on its third quarter conference call with financial analysts. TimberWest President and CEO Paul McElligott and CFO Bev Park will discuss the company's third quarter results, which will be released at the end of the working day, October 15, 2002.

The conference call will take place on Wednesday, October 16, 2002 at 8:00 a.m. (PT). The dial-in phone number is 1-888-433-1680. To access the call at a later time, dial 1-800-558-5253 and enter code 20922386. The recording will be available until October 30, 2002.

TimberWest will also broadcast the conference call live on the Internet via our web site home page at www.timberwest.com. The webcast will be archived and available for listening for an additional 90 days.

TimberWest Stapled Units are listed on the Toronto Stock Exchange under the symbol "TWF.UN".

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