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PRESS RELEASE

TIMBERWEST FOREST CORP. CONFERENCE CALL NOTIFICATION

FIRST QUARTER RESULTS

VANCOUVER, April 8, 2003 - TimberWest invites investors and media to listen-in on its first quarter conference call with financial analysts. TimberWest President and CEO Paul McElligott and CFO Bev Park will discuss the company's first quarter results, which will be released at the end of the working day, April 16, 2003.

The conference call will take place on Thursday, April 17, 2003 at 8:00 a.m. (PT). The dial-in phone number is 1-800-291-5032. To access the call at a later time, dial 1-800-558-5253 and enter code 21131461. The recording will be available until May 1, 2003.

TimberWest will also broadcast the conference call live on the Internet via our web site home page at www.timberwest.com. The webcast will be archived and available for listening for an additional 90 days.

TimberWest Stapled Units are listed on the Toronto Stock Exchange under the symbol "TWF.UN".

For further information please contact:

Bev Park
Vice-President, Finance and
Chief Financial Officer
Telephone: 604 654 4600
Facsimile: 604 654 4662

Media contact:

Virginia Aulin
Vice-President, Public Affairs and
Government Relations
Telephone: 604 654 4634

Email: invest@timberwest.com