



For immediate release: July 10, 2008

**TIMBERWEST FOREST CORP. CONFERENCE CALL NOTIFICATION
2008 SECOND QUARTER RESULTS**

Vancouver (BC) – TimberWest invites investors and media to listen-in on its second quarter conference call with financial analysts. TimberWest President and CEO Paul McElligott and CFO Bev Park will discuss the Company's second quarter results, which will be released at the end of the working day, Thursday, August 14, 2008.

The conference call will take place on Friday, August 15, 2008 at 7:30 am (PDT). The dial-in phone number is 1-800-920-4317. To access the call at a later time, please dial 1-800-558-5253 and enter code 21387315. The recording will be available until August 29, 2008.

TimberWest will also broadcast the conference call live on the internet via our website home page at <http://www.timberwest.com>. The webcast will be archived and available for listening for an additional 90 days.

TimberWest Stapled Units are listed on the Toronto Stock Exchange under the symbol "TWF.UN".

For further information please contact:

Bev Park
Executive Vice President and
Chief Financial Officer
Telephone: 604-654-4600
Facsimile: 604-654-4662
Email: invest@timberwest.com

Visit our website at: <http://www.timberwest.com>