



**For immediate release: October 12, 2005**

**PRESS RELEASE**

**TIMBERWEST FOREST CORP. CONFERENCE CALL NOTIFICATION**

**2005 THIRD QUARTER RESULTS**

VANCOUVER - TimberWest invites investors and media to listen-in on its third quarter conference call with financial analysts. TimberWest President and CEO Paul McElligott and Vice President, Finance and CFO Bev Park will discuss the Company's third quarter results, which will be released at the end of the working day, October 26, 2005.

The conference call will take place on Thursday, October 27, 2005 at 8:00am (PDT). The dial-in phone number is 1-800-774-7358. To access the call at a later time, dial 1-800-558-5253 and enter code 21261763. The recording will be available until November 10, 2005.

TimberWest will also broadcast the conference call live on the internet via our web site home page at <http://www.timberwest.com>. The webcast will be archived and available for listening for an additional 90 days.

TimberWest Stapled Units are listed on the Toronto Stock Exchange under the symbol "TWF.UN".

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