



For immediate release: February 2, 2004

PRESS RELEASE

TIMBERWEST FOREST CORP. CONFERENCE CALL NOTIFICATION

FOURTH QUARTER RESULTS

VANCOUVER, February 2, 2004 - TimberWest invites investors and media to listen-in on its fourth quarter conference call with financial analysts. TimberWest President and CEO Paul McElligott and CFO Bev Park will discuss the company's fourth quarter results, which will be released at the end of the working day, February 10, 2004.

The conference call will take place on Wednesday, February 11, 2004 at 8:00 a.m. (PT). The dial-in phone number is 1-800-296-1907. To access the call at a later time, dial 1-800-997-6910 and enter code 21178133. The recording will be available until February 25, 2004.

TimberWest will also broadcast the conference call live on the Internet via our web site home page at www.timberwest.com. The webcast will be archived and available for listening for an additional 90 days.

TimberWest Stapled Units are listed on the Toronto Stock Exchange under the symbol "TWF.UN".

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