



For immediate release: October 10, 2006

**TIMBERWEST FOREST CORP. CONFERENCE CALL NOTIFICATION
2006 THIRD QUARTER RESULTS**

Vancouver (BC) – TimberWest invites investors and media to listen-in on its third quarter conference call with financial analysts. TimberWest President and CEO Paul McElligott and CFO Bev Park will discuss the Company's third quarter results, which will be released at the end of the working day, Thursday, October 26, 2006.

The conference call will take place on Friday, October 27, 2006 at 9:00 am (PDT). The dial-in phone number is 1-877-690-6769. To access the call at a later time, please dial 1-800-558-5253 and enter code 21303087. The recording will be available until November 10, 2006.

TimberWest will also broadcast the conference call live on the internet via our website home page at <http://www.timberwest.com>. The webcast will be archived and available for listening for an additional 90 days.

TimberWest Stapled Units are listed on the Toronto Stock Exchange under the symbol "TWF.UN".

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