



For immediate release

TimberWest Signs Definitive Agreements with Teal - Jones for the Sale of TFL 46

Vancouver BC – TimberWest Forest Corp. announced today that it has entered into definitive agreements with the Teal - Jones Group for the sale of its southern Vancouver Island public land operations, referred to as TFL 46. The sale is still subject to several conditions but is expected to close during the first half of 2004. The sale price will be disclosed when the transaction closes.

“TimberWest is pleased with this transaction as it allows us to pursue our strategic objective of increasing our focus on the private timberland portion of our business,” said Paul McElligott, President and CEO. “Further, we believe this transaction is consistent with the direction the provincial government is pursuing with its forest policy objectives and is positive in that it diversifies tenure ownership.” Once the sale of TFL 46 is finalized, the Company will use proceeds to pay down debt.

TimberWest’s Honeymoon Bay Operation consists of TFL 46 — with timber rights on 83,546 hectares — and 32,770 hectares of private forestland. TimberWest will continue to own the private land portion of Honeymoon Bay Operation.

Tom Jones, President and CEO of the Teal - Jones Group, said, “We have recently constructed a new \$30-million sawmill, the first in over two decades on the coast. This tenure acquisition further demonstrates our belief in the future of the BC coastal industry.”

The Teal - Jones Group is the largest private organization operating in the B.C. coastal forest products industry. The Group’s business segments cover lumber, shakes and shingles, and logs. The Jones family has been involved in the BC forest industry for 75 years. The Group has annual sales of \$200 million and directly and indirectly employs 1,000 people.

TimberWest Forest Corp. is uniquely positioned as the largest owner of private forest lands in western Canada. The Company’s 334,000 hectares, providing a sustainable annual harvest of 2.1 million to 2.5 million m³ of logs, are largely located on Vancouver Island and the majority of sites support Douglas fir forests, a premium species used for structural purposes. Third party auditors, KPMG Performance Registrar Inc., have certified that TW, on its private forest land, conforms to the objectives and performance measures of the American Forest and Paper Association’s Sustainable Forestry Initiative (SFI®). TimberWest also owns annual Crown harvest rights within TFL 47, a lumbermill and properties that are progressively being made available for higher uses.

For further information please contact:

Bev Park

Vice-President, Finance and

Chief Financial Officer

Telephone: 604 654 4600

Facsimile: 604 654 4662

Email: invest@timberwest.com

Media contact:

Virginia Aulin

Vice-President, Public Affairs and

Government Relations

Telephone: 604 654 4634