



For immediate release: October 20, 2010

**TIMBERWEST FOREST CORP. CONFERENCE CALL NOTIFICATION
2010 THIRD QUARTER RESULTS**

Vancouver (BC) – TimberWest invites investors and media to listen-in on its third quarter conference call with financial analysts. TimberWest President and CEO Paul McElligott and CFO Robert Allen will discuss the Company's third quarter results, which will be released before the market opens on Monday, November 8, 2010.

The conference call will take place on Monday, November 8, 2010 at 9:00 am (Pacific). The dial-in phone number is 1-800-908-8402. To access the call at a later time, please dial 1-800-558-5253 and enter code 21484366. The recording will be available until November 22, 2010.

TimberWest will also broadcast the conference call live on the internet via our website home page at <http://www.timberwest.com>. The webcast will be archived and available for listening for an additional 90 days.

TimberWest Stapled Units are listed on the Toronto Stock Exchange under the symbol "TWF.UN".

For further information please contact:

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About TimberWest

TimberWest Forest Corp. is uniquely positioned as western Canada's largest private timber and land management company. The Company owns in fee simple approximately 320,000 hectares or 791,000 acres of private land and is in the business of selling timber products and real estate.