

May 16, 2011

**TimberWest Forest Corp. Conference Call Notification  
2011 First Quarter Results**

Vancouver (BC) – TimberWest invites investors and media to listen-in on its first quarter conference call with financial analysts. TimberWest President and CEO Paul McElligott and CFO Robert Allen will discuss the Company's first quarter results, which will be released at the end of the working day, Friday, May 20, 2011.

The conference call will take place on Tuesday, May 24, 2011 at 9:00 am (Pacific). The dial-in phone number is 1-800-954-0691. To access the call at a later time, please dial 1-800-558-5253 and enter code 21522226. The recording will be available until June 7, 2011.

TimberWest will also broadcast the conference call live on the internet via our website home page at <http://www.timberwest.com>. The webcast will be archived and available for listening for an additional 90 days.

**About TimberWest**

TimberWest is uniquely positioned as western Canada's largest private timber and land management company. The Company owns in fee simple approximately 327,000 hectares or 808,000 acres of private land and is in the business of selling timber products and real estate.

For further information please contact:

Robert Allen  
Vice President Finance and  
Chief Financial Officer  
Telephone: 604.654.4667  
Facsimile: 604.654.4571  
Email: [invest@timberwest.com](mailto:invest@timberwest.com)  
[www.timberwest.com](http://www.timberwest.com)

Stapled Units of TimberWest Forest Corp. are traded on the Toronto Stock Exchange under the symbol "TWF.UN"